

Telemental Health Informed Consent

I, _____ (**name of client**) hereby consent to participate in telemental health with **LISA M. BERG LCSW** as part of my psychotherapy. I understand that telemental health is the practice of delivering mental health services via technology, assisted media, telephone/cell phone, or other electronic means between a practitioner and a client who are located in two different locations.

I understand the following with respect to telemental health:

- I understand that I have the right to withdraw consent at any time without affecting my right to future care, services, or program benefits to which I would otherwise be entitled.
- I understand that there are risk and consequences associated with telemental health, including but not limited to, disruption of transmission by technology failures, interruption and/or breaches of confidentiality by unauthorized persons, and/or limited ability to respond to emergencies.
- I understand that in order to participate in telemental health I will need a phone, smart phone, tablet, or computer that has a camera (for video sessions). I also understand that I will need to create an appropriate space for telemental health sessions that is private, quiet, and has adequate lighting.
- Your provider utilizes TheraNest a completely secure and HIPAA compliant platform for telemental health. I understand that there will be no recording of any of the online sessions by either party. All information disclosed within sessions and written records pertaining to those sessions are confidential and may not be disclosed to anyone without written authorization, except where the disclosure is permitted and/or required by law.
- I understand that the privacy laws that protect the confidentiality of my protected health information (PHI) also apply to telemental health unless an exception to confidentiality applies (i.e. mandatory reporting of child, elder, or vulnerable adult abuse; danger to self or others; I raise mental/emotional health as an issue in a legal proceeding).
- I understand that if I am having suicidal or homicidal thoughts, actively experiencing psychotic symptoms or experiencing a mental health crisis that cannot be resolved remotely, it may be determined that telemental health services are not appropriate and a higher level of care is required.

- I understand that during a telemental health session, we could encounter technical difficulties resulting in service interruptions. If this occurs, end and restart the session. If we are unable to reconnect within ten minutes, please call me at **224-356-6793** to discuss since we may have to re-schedule. Client Phone number to call if video services platform is not working: _____
- I understand that my therapist may need to contact my emergency contact and/or appropriate authorities in case of an emergency.
- If this service is for my child, I consent to telemental health being provided to my child and will provide a private and quiet place for the child and will assist them in setting up for the session.

Emergency Protocols

I need to know your location in case of an emergency. You agree to inform me of the address where you are at the beginning of each session. I also need a contact person who I may contact on your behalf in a life threatening emergency only. This person will only be contacted to go to your location or take you to the hospital in the event of an emergency.

In case of an emergency, my location is: _____

My Emergency Contact Person Name, Phone, and Address is: _____

I have read the information provided above and discussed it with my therapist. I understand the information contained in this form and all of my questions have been answered to my satisfaction.

Signature of client

Date

Signature of parent/legal guardian

Date

Signature of Therapist

Date